



**THE
ROCKY
MOUNTAIN
HOUSE**

Schnitzels and Steaks

• APPETIZERS •

Steakhouse Peppercorn Rings

Sweet Spanish onion rings feature a perfectly seasoned, crisp panko bread crumb coating, accented with freshly cracked black pepper for a bold savoury flavour. Served with a horseradish cream sauce - 6.99

Mountain Cheese Sticks

Cheese sticks fried crispy on the outside and gooey on the inside. Served with cranberry sauce - 7.99

Loaded Potato Skins

A home-style classic! Thinly sliced potato skins topped with crispy bacon, green onions and melted mozzarella cheese, baked until lightly browned. Served with sour cream for dipping - 8.59

▲▲ Homemade Breaded Mushrooms

Premium whole button mushrooms lightly coated with our rich tasting breading - 6.99

Ultimate Nachos

Multi-coloured nachos dressed with fresh chicken breast, salsa, tomatoes, black olives, herbs, spices, green peppers, onions and cheese. Served with sour cream - 12.99

Trail Head Toast

Thick country-style toast, buttered and seasoned with garlic - 4.99
Topped with Mozzarella - 6.99
Topped with Mozzarella & Bacon - 8.49

Sweet Potato Fries

Slices of sweet potato fried until golden and crispy. Served with a side of our tangy Cajun dip - 5.99

Spinach & Cheese Spin Dippers

Spinach and artichoke hearts blended together in a fresh tasting sour cream and garlic cream cheese base with a hint of bacon. Served with tortilla chips or baked pita - 8.99

▲▲ Rocky Mountain Favourites

RCMP - Real Canadian Mashed Potatoes

The HAVE AT 'ER Platter

A plate of our Breaded Mushrooms, Mountain Cheese Sticks, Onion Rings, Breaded Pickles and Calamari Strips. Served with dipping sauces - 12.99

▲▲ Escargot

Cooked in garlic butter and topped with melted cheese.
Served with garlic bread - 7.49

Baked Bruschetta Bread

French bread baked and topped with garlic, tomatoes, onions, basil and feta cheese - 8.59

New! Coasters

No time for a trip to New England? Soft shell clams lightly battered and fried to perfection. Served with our tangy seafood sauce - 5.99

Crispy Calamari Strips

Lightly breaded strips of calamari served with Cajun mayonnaise and fresh lemon - 8.99

Spring Rolls

Crispy spring rolls served with sweet chili sauce - 7.99

Chicken Wings

Crispy fried wings with your choice of mild, medium, hot, suicide, honey garlic or BBQ sauce. Served with crunchy carrots and celery sticks - 9.99 / lb.

Join us Friday night after 6 pm to enjoy 2-for-1 Wing Night!

New! Rocky's Fried Pickles

Lightly breaded sliced dill pickles served with dipping sauce - 6.59

APPETIZERS

SALADS

Oriental Salad

Mixed lettuce with mushrooms, red onions, bacon bits, Mandarin oranges and Chinese noodles. Drizzled with Mandarin Orange Sesame dressing - 7.99

Sunset Salad

Fresh baby spinach sprinkled with dried cranberries, pecans and red onions. Topped with feta cheese and drizzled with Raspberry Vinaigrette - 10.59

Greek Salad

Mixed lettuce, tomatoes, feta cheese, sweet red onions, cucumber slices and kalamata olives freshly tossed in our homemade tangy Greek dressing - 8.59

Country Cobb Salad

A hearty combination of grilled chicken, oven roasted ham, cheese, eggs and veggies served on a bed of mixed lettuce. Served with your choice of dressing - 11.99

Mexican Medley Salad

Lettuce, tomatoes, cheddar cheese and nacho chips topped with salsa, sour cream, green onions and our house chili - 11.59

Tossed Salad

Fresh lettuce topped with tomatoes, cucumbers and carrots - 5.99

Mountain Caesar

A favourite from West to East - 7.59

Schnitzel Caesar

Our classic mountain Caesar salad topped with a serving of crispy schnitzel. Served with lemon - 12.29

Chicken Caesar - 12.29

Choice of Dressing:

Balsamic Vinaigrette, Raspberry Vinaigrette, Ranch, Italian, Mandarin Orange Sesame, Caesar, Roasted Red Pepper, House Garlic

Add Schnitzel, Chicken or 2 Shrimp Skewers to your salad - 4.99

SOUPS

Soup of the Day

Try a new soup everyday! Made with the finest ingredients. Ask your server what's cooking today - 4.99

French Onion Soup

Tim's homemade onion soup topped with oven baked cheese and croutons. Served with garlic bread - 6.99

Chili Con Carne

Slow-cooked beef chili with kidney beans, veggies and RMH's special tomato sauce. Served with tortilla chips - 5.59

SALADS AND SOUPS

• SCHNITZEL •

We take the best fresh pork loin available, then tenderize and lightly bread it with homemade bread crumbs. Served with vegetables, a mountain of RCMP topped with our amazing gravy and a generous serving of our crispy coleslaw with a fresh country bun.

The Rocky Mountain

Topped with a fried egg and grilled, smoked Canadian ham. Large - 16.99 Regular - 12.99

▲▲ **The Crispy Onion**

Schnitzel topped with a mountain of crispy fried onions and amazing gravy.
Large - 16.99 Regular - 13.29

The Schnitzel Parmigiana

Schnitzel topped with melted mozzarella cheese, served on a mountain of spaghetti and smothered in tomato sauce. Served with garlic bread. Large - 17.29 Regular - 13.79

The Hideaway

Egg battered, grilled and topped with sautéed mushrooms under melted mozzarella cheese.
Large - 16.99 Regular - 12.99

The Chicken Steak

If you chicken out of having pork. Large - 17.99 Regular - 13.99
Add Mushroom Sauce or Chunky Tomato Sauce - 1.99

The Continental Divide

Enjoy the better halves! A double cutlet topped with mushroom sauce on one half and chunky tomato sauce on the other. Large - 17.59 Regular - 13.59

The Harvest Moon

Schnitzel topped with a smooth onion, green pepper and mushroom tomato sauce.
Large - 16.99 Regular - 12.99

▲▲ **The Mounty Mushroom**

Smothered in our famous creamy mushroom sauce. Large - 17.59 Regular - 13.59

Hans' Favourite

Canadian smoked ham and cheese hidden in a schnitzel, ready to be discovered. Large - 16.99 Regular - 13.29

The Plainsman

Just plain and simple. No sauce! No topping! Just as good. Large - 14.79 Regular - 10.99

▲▲ **The Chicken Parmigiana**

Tender chicken schnitzel topped with melted mozzarella cheese. Served on a mountain of spaghetti and tomato sauce served with garlic bread. Large - 18.59 Regular - 14.99

The Stewart Street Schnitzel

Golden schnitzel topped with diced tomatoes, onions, spices and melted feta cheese.
Large - 17.59 Regular - 13.99

RMH'S WORLD FAMOUS SCHNITZEL

DINNERS & ENTRÉES

All dinners are served with a mountain of RCMP and topped with our amazing gravy. Served with a medley of vegetables, a generous serving of crispy coleslaw and a fresh country bun.

Grilled Chicken Breast Dinner

BBQ chicken breasts marinated in roasted red pepper dressing - 14.59

Homemade Chicken Cordon Bleu

Tender chicken breast stuffed with Canadian smoked ham and cheese, then gently oven broiled - 13.99

Liver and Onions

Baby beef liver grilled with bacon and onions - 12.99

New! **Rotisserie Half Chicken**

Hand basted chicken, slow roasted and served with our tangy dipping sauce - 15.99

Roasted Garlic Tilapia

A tender white fish seasoned with garlic and herbs - 12.29

New! **Mediterranean Salmon**

Lightly crusted salmon, flavoured with rosemary, thyme, basil and sage. Served with a tossed salad and our light garlic dressing - 14.59

Chicken Cottage Pie

Chicken, vegetables and creamy sauce baked in a flaky pie crust. Served with mashed potatoes and vegetables - 9.49

Shepherd's Pie

A traditional blend of ground beef, diced onions, herbs, our famous gravy and spices, topped with mashed potatoes - 9.99

BBQ Ribs

Tender, broiled back ribs basted in our homemade BBQ sauce.
Full Rack - 21.99 Half Rack - 14.99
Add Schnitzel, Chicken or Shrimp Skewer - 4.99

Fish & Chips

Home battered cod with tartar sauce, lemon and fries.
Two Pieces - 11.59 One Piece - 8.99

Coasters & Fries

Save the trip! New England clams battered and fried to a golden brown, served with our tangy seafood sauce and fries - 12.59

The Rancher's Favourite

This flavourful 10 oz. sirloin is a Rocky Mountain House favourite. Now would we "steer" you wrong? - 18.99

Surf-n-Turf

The best of land and sea! Our 10 oz. New York strip served with two skewers of grilled garlic shrimp - 26.59

Salisbury Steak

12 oz. of ground beef grilled with fried onions and amazing gravy - 12.99

The Ribeye Steak

A superb 10 oz. ribeye perfectly prepared to your taste - 20.99

New! **Cliff Climber Steak**

12 oz. rib steak seasoned and grilled to your liking - 22.99

New York Strip

Perfectly seasoned 10 oz. New York strip loin - 19.99
6 oz. - 15.99

New! **Ontario Bison Ribeye**

Lean and tender 8 oz. bison steak - 19.59

PASTA FEATURES

All pasta dishes are served with two pieces of baked garlic bread.

Spaghetti Dinner

Served with our famous Harvest Moon sauce - 7.99
Add Meat Sauce - 3.99

Chicken Bruschetta Alfredo

Grilled chicken, tangy parmesan cheese, cream, butter and an accent of crushed garlic, tossed with fresh tomatoes and onions - 14.79

Fettuccini Alfredo

Parmesan cream sauce with a hint of garlic served over fettuccini - 8.99
Add Chicken, Shrimp Skewer or Schnitzel - 4.99

Mediterranean Pasta

A perfect healthy choice for anyone. Fusilli pasta mixed with tomatoes, green peppers, onions and black olives - 10.99

STEAKSIDE

A perfect addition to your steak. Your choice - 2.59

Sautéed Mushrooms

Caramelized Onions

Peppercorn Sauce

Crispy Onions

BONFIRE BBQ

BURGERS, SANDWICHES & OTHER FAVOURITES

Schnitzel Sandwich

Golden, crispy pork loin served on a bun with chunky fries - 9.99

Mountain Man

Our 6 oz. BBQ burger stacked with bacon, cheese, fried mushrooms, BBQ sauce, lettuce, tomatoes and crispy onions. Served on a bun with chunky fries - 9.99

BBQ Chicken Club

Canadian smoked ham, crispy bacon and cheddar cheese piled atop a tasty BBQ chicken breast. Served on a bun with chunky fries - 11.29

RMH Steak Sandwich

A 6 oz. strip loin steak on toasted garlic bread topped with fried mushrooms, crispy onions and cheese. Served with chunky fries - 11.29

New! BBQ Pulled Pork Sandwich

Slow roasted tender pork smothered in our dynamite BBQ sauce and topped with our famous coleslaw, served on a bun with chunky fries - 10.99

The Hot Burger

Choose from our tasty 6 oz. chicken breast or beef patty served piping hot and smothered with our amazing gravy. Served with a mountain of RCMP - 9.59

New! The Avalanche Burger

You want it, you can have it! Our homemade 6 oz. all beef burger piled as high as it can go with cheddar cheese, bacon, raw onions, lettuce, pickle, ketchup, mustard and mayo. Served with chunky fries - 10.59

Buffalo Burger

Believe it, this is for real! A delicious wholesome buffalo burger topped with crispy onions and fresh mushrooms. Served on a bun with chunky fries - 9.59

Rocky Mountain Veggie & Feta Burger

A meatless burger topped with sautéed mushrooms, feta cheese, tomatoes and lettuce. Served on a bun with chunky fries - 9.99

New! RMH Trio Sliders

They slide right down! Three mini burgers topped with cheddar cheese and sliced onions. Served with chunky fries - 9.99

New! Cajun Mozza Chicken Burger

Kickin' chicken! Our homemade breaded chicken steak topped with spicy Cajun mayo and mozzarella cheese. Served on a bun with chunky fries - 11.29

WHISTLE WETTERS

Draught Beer

Domestic: Coors Light, Canadian Premium: Rickard's Dark, Rickard's Red, Rickard's White, Alexander Keith's
Imported: Guinness, Stella Artois

Bottled Beer

High Test: Alexander Keith's, Blue, Bitburger, Bud, Canadian, Corona, Export, Heineken, Labatt 50, Miller Chill

Light on the lips and the hips: Blue Light, Bud Light, Bud Light Lime, Coors Light, Molson 67, Sleeman Clear

Pop

7-Up, Dad's Root Beer, Pepsi, Diet Pepsi, Ginger Ale, Iced Tea, Orange Crush

Juice

Apple, Cranberry, Grapefruit, Orange, Tomato

Other Beverages

Coffee, Tea, Bottled Water, Perrier, O'Doul's (near beer)

Mountain Milkshakes

Made with creamy French vanilla ice cream. Chocolate, strawberry or vanilla.

Schnitzel Caesar Wrap

Our famous schnitzel and all time favourite Caesar salad joined together in a tortilla. Served with chunky fries - 9.59

New! Buffalo Chicken Ranch Wrap

Some like it hot! Crispy breaded chicken tossed in our spicy Buffalo wing sauce and surrounded by lettuce, tomatoes and cooled off with a touch of ranch dressing. All wrapped up in a tortilla and served with chunky fries - 10.59

Crown Club

A toasted triple decker with fresh grilled chicken, crispy bacon, tomatoes, lettuce and mayo. Served with chunky fries - 11.99

New! Schnitzel Club

No chickens allowed! Our traditional Crown club (hold the chicken) with a piece of crispy schnitzel slipped in. Served with chunky fries - 11.59

Rocky Mountain Club

Chicken salad, crispy bacon, fresh lettuce and sliced tomatoes served with chunky fries - 10.99

Oven Roasted Chicken Quesadilla

A tortilla filled with tender pieces of grilled chicken breast, mozzarella cheese, diced tomatoes, green peppers and onions. Served with sour cream and salsa - 9.99

Schnitzel Fingers & Chunky Fries

Tender, golden schnitzel strips served with chunky fries and dipping sauce - 10.79

Chicken Finger Dinner

Your old-time valley favourite. Served with chunky fries and plum sauce - 10.49

New! RMH Sandwich Platter

Your choice of a freshly made Western, Chicken Salad, BLT or Ham and Cheese sandwich served on Texas toast. Served with soup, salad or fries - 7.59

Montreal Smoked Meat Platter

Shaved Montreal smoked meat served on toasted rye bread with mustard. Accompanied by chunky fries, coleslaw and topped with a dill pickle - 8.99

WANT TO SPICE IT UP?

Change your fries for any of our other great side orders. Your choice - 99¢

Onion Rings

Caesar Salad

Sweet Potato Fries

Greek Salad

Poutine

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